Understanding How PDO Threads Can Elevate Your Medical Aesthetic Practice

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Minimally invasive, non-surgical tightening and lifting of the face and body using Polydioxanone (PDO) threads, are an excellent addition because:

• Minimal downtime for patients.

• Caters to a patient’s individual timeline and budget.

• Alone or coupled with other modalities such as injectables, neurotoxins, or analogous fat transfer, they deliver optimized individual results.

• Extremely popular for facial rejuvenation, and for neck, knee, arm, abdomen and buttock lift procedures as well.
There is a thread for that SM

- PDO threads are absorbable, sterile, surgical sutures made from a colorless, crystalline, biodegradable polymer.
- Look for FDA approved threads in cannula.
- Everything from the density of the barbs, the angle they're cut, and the gauge and length of the thread impact the tensile strength and degree of lift you can get for your patients.
- The combination of smooth, barbed, and multidirectional threads provide versatility to address a multitude of patient needs.
Patient Selection

• The ideal candidate is experiencing early signs of aging such as mild wrinkling and sagging skin.

• The patient must be in good general health as well as have reasonable expectations of the treatment.

• May also be recommended to patients who have previously had full facelifts and are beginning to experience a minor relapse.
Patient Results

Before

After
Practice Results

- Price it by the area versus by the thread.
- Comparing the ROI of different modalities:
  - Filler versus threads
  - As additions to other modalities
The Art of the Science

• Successful patient outcomes are based hands-on training demonstrations and workshops.

• The keys to safe and effective treatment are the careful placement of the PDO threads, knowing your anatomy of the skin, and the best threads or combination of threads, to use.

• The right technique is just as important as the right thread.